



DANCING INTO SUMMER TIME

Celebrating renewal and expansion in our own space

Sat 19 & Su 20 June 2021 | 10h00-11h30 | 2 online classes

After a cold and rainy spring June started with sunny days and we are moving closer to the Summer Solstice on 21st June, the beginning of summer.

Summer is a time of abundance and growth, where life all around is blossoming.

These two morning sessions are an invitation to celebrate through moving and dancing our own transition into this new season. We will take time to acknowledge our connection with the earth and engage in our dancing with the natural flow of vital energy, moving inward and outward. A journey in which movement and stillness, regeneration and vitality, intuition and imagination will create a ground that will support and nurture us wherever we are. Being reminded by the strong light of the summer sun that consciousness and inspiration can travel and spread far out, we will embrace our strength in joining together and nurturing each other – even at a distance.

For registration any questions:

Send a mail to info@bettinaneuhaus.com

After you've signed up you will receive the Zoom link, more practical information and an invoice.

Please sign-up until 16th June 2021.

Fee:

Our individual economic circumstances might vary significantly, especially in the current times, depending on our work situation as well as the country we live in. To make the sessions accessible I offer 3 categories for payment. Please choose what feels right to your situation.

Fee for 2 days:

€ 35 (incl. € 6,07 VAT): if you have a good and regular income.

€ 25 (incl. € 4,34 VAT): if you have a low income or you are a student, apprentice or on state benefits.

€ 15 to € 20 Suggested donation: if you have no regular income or you are struggling financially.

If you want to make use of the reduced fee of € 25 or a donation, please let me know when you register. Thank you.

Bettina Neuhaus is an Amsterdam-based dance artist, mentor and certified Skinner Releasing Technique™ (SRT) teacher at Introductory (2004) and Ongoing (2011) levels. She has been creating work for over 30 years, often collaborating with dancers, musicians, visual artists and poets.

Alongside her work as dancer and improviser, she creates performative installations and lecture-performances. Her work is propelled by her fascination for the dancing body, with its inherent imagination and intelligence, its poetry and infinite possibilities of transformation and expression through which we connect to the world.

With an interest in finding ways of developing a more embodied awareness of ecology, Bettina has developed over the past 10 years an outdoor practice that investigates the communication and action that can emerge from within our relationship with nature and in particular with trees. www.bettinaneuhaus.com

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